



Mix is for people with learning disabilities, their families, friends and carers

- Mix is about us and God
- Mix has got food, drinks, music, drama, story telling, arts and crafts
- Mix is free and it's for all ages
- Mix is on the 3<sup>rd</sup> Sunday of the month (except August and December)
- Mix starts at 3.30 in the afternoon
- Mix lasts an hour and a half
- Mix is at the Barn, Waterloo Road, Bidford, B50 4JN
- Mix works in partnership with local Christian churches and Prospects



MIX dates for the rest of 2016...

18th September  
16th October  
20th November  
18th December

If you normally need the support of a carer, please bring them too

Flyers for MIX are available on the table near the door in St. Peter's Church, Welford

To find out more

e-mail Ruth ([ruth.shipman@googlemail.com](mailto:ruth.shipman@googlemail.com))  
or phone Yvette (01789 750006)